

# Ambu<sup>®</sup> Airway SmartMan<sup>®</sup> Ambu<sup>®</sup> SmartMan<sup>®</sup>

Ideas that work for life

## Guidelines 2010

### Highlights

#### **“Emphasis on High-Quality CPR”**

**AHA 2010 Guidelines summary.**

- **New General Considerations**
  - Greater attention to be paid to the importance of CPR
  - A – B – C has changed to C – A – B (Compressions are emphasized and performed first)
  - Stresses that Better CPR leads to increases in survival
  - Emphasis on duty cycle
- **New For Compressions**
  - Compression Depth at least 2 inches (5 cm)
  - Rate of at least 100 per minute. No upper limit.
  - Emphasis on the importance of Full Chest Recoil
  - Emphasis on Total Time on the chest
  - With an Advanced Airway in place, use continuous chest compressions
- **New For Ventilations**
  - Emphasis on performing ventilations correctly
  - Specific attention to avoiding excessive ventilation
  - Stress the importance of slowing inspirations to 1 second
  - Emphasis on volume of inspiration of only 500 – 600ml of air

Ambu SmartMan has implemented the New 2010 guidelines while still allowing users to train to the 2005 guidelines. This allows you to provide a smooth transition for the Instructors and Students.

The SmartMan Real Time Feedback system helps you quickly improve the quality of CPR being performed. Airway SmartMan extends these skills to Advanced Airway Training and includes intubation effectiveness.

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**Emergency Care**